

TENNIS EUROPE 27TH European Coaches Symposium – The Regional Coaches Workshop for Europe (31.10. – 03.11. 2004, Valetta, Malta)

TENTATIVE PROGRAMME (26.08.2004.)

DAY 1 31.10.2004	DAY 2 01.11.2004.	DAY 3 02.11.2004.	DAY 4 03.11.2004.
8.30 – 8.45: (Lecture Room) Symposium Opening: Tennis Europe & MTF Representatives	8.30 – 1000: (LR) "Tennis endurance" Anna Skorodumova (RUS)	8.30 – 9.30: (On court) "Power tennis" Luis Wyche (USA)	8.30 –9.15: (LR) "Long- term planning" Ann Pankhurst (GBR)
8.45 – 9.10: (LR) "Presentation of the Malta Tennis Federation" TBD	10.00 – 10.30: Coffee break	9.30 – 10.30 (On court) "Stress management" Anthony Girod (FRA)	9.15 – 10.15: (LR) "Video Analysis for the Tennis Coach: An expensive toy or a useful tool?" Thor Besier (USA)
9.10 - 9.30: (LR) "Tennis Europe Development Update" Olli Maenpaa (Tennis Europe) & Hrvoje Zmajic (ITF/Tennis Europe)	10.30 – 11.30: (LR) "Metabolic aspects of tennis training and competition" Alexander Ferrauti (GER)	10.30 – 11.00: Coffee break	10.15 – 10.45: Coffee break
9.30 - 10.30: (LR) "Training planning based on the ITN" Ivo Van Aken (BEL)	11.30 – 13.00: (LR) "Strength training for tennis: an applied biomechanical approach" Kenneth Bastiaens (BEL)	11.00 - 12.00: (On court) "Momentum in tennis" Alistair Higham (GBR)	10.45 - 11.45: (On court) "Technical training and game based approach" Piotr Unierzyski(POL)
10.30 – 11.00 Coffee Break	13.00 –14.30 Lunch, free time	12.00 - 13.00: (On Court) "Coaching girls" Edvard Raastadt (NOR)	11.45– 12.45: (On court) "Mini tennis – 18 metres" Jacques Leriche (BEL)
11.00 – 12.00: (LR) "Playing in the heat" Tim Wood (AUS)	14.30 – 15.30: (On court) "Diagnosis and training of endurance and running speed in tennis" Alexander Ferrauti (GER)	13.00 –13.30 "Tennis industry presentation – PRINCE Sports Europe" Fabrizio Caldarone (ITA)	12.45 - 14.30: Lunch, free time
12.00 – 13.00: (LR) "Screening of elite junior players" Babette Plum (NLD)	15.30 – 16.30: (On court) "Tennis and laterality" Catherine Garipuy (FRA)	13.30 - 15.00: Lunch, free time	14.30 – 15.30: "Task oriented training" Richard Schonborn (GER)
13.00 – 15.00: Lunch, free time	16.30 - 17.00: Coffee break	Free afternoon & evening organised by the MTF	15.30 – 16.30: Advanced tactics: "From top junior to top professional" Luis Bruguera(ESP)
15:00 – 15.45: (LR) "Coaches education: past , present & future" Bernard Pestre (FRA)	17.00 – 18.00: (On court) "General and individual tennis-specific conditioning" Kenneth Bastiaens (BEL)		16.30 – 17.00: Coffee break
15.45 – 16.30: (LR) "Coaches education: a worldwide perspective & European analysis" Dave Miley or Miguel Crespo (ITF)	18.00 – 18.30: (LR) Speakers of the day		17.00 – 17.45: (LR) Speakers of the day
17.00 – 18.00: (LR) Group discussions Coaches education in different countries			17.45 - 18.15: (LR) Review of the Symposium
18.00 – 18.30: (LR) Reports from the Round table discussion			

Departure DAY 5 04.11.2004 Breakfast and transportation to Malta International Airport